

The Organiser/Operator of this event is The Liverpool Motor Club Ltd. (LMC)

Motorsport is Dangerous and Can Involve Injury or Death.

Despite the organisers taking all reasonable precautions, accidents can happen. By attending a track day, you acknowledge this and confirm that you are aware of the nature of the activity and attend the venue at your own risk.

LMC may refuse access to, and eject from, the venue any persons who are acting against the interests of safety and/or whose behaviour is likely to cause damage, nuisance or injury.

Neither LMC nor any members/representatives of LMC are responsible for any loss, damage or injury to persons or property caused or sustained by you as a result of attendance at this event.

Event Rules and Site Regulations

1. Driver Requirements

All drivers must be at least 18 years of age, hold at least one of the following licences and comply with the relevant rules and regulations in order to take part in the trackday: Photocopies will not be accepted.

DVLA road licence - must be a full, unrestricted (not provisional or suspended), valid driving licence issued by the DVLA (or the equivalent foreign licensing authority in the driver's country of residence) with the appropriate category clearly indicated covering motor cars.

Competition licence - must be a current Motorsport UK RS Inter-Club (or higher grade) car driver's licence.

2. Equipment Requirements

All drivers and passengers must wear a suitable, correctly fitting crash helmet **and have their arms & legs covered at all times** whilst on the circuit. Short sleeved shirts and shorts are not allowed. Fire-resistant clothing is strongly recommended.

Drivers & passengers in open-top vehicles must wear a helmet with a visor or goggles. We consider only helmets complying with MSUK standards are suitable: FIA 8860-2010, FIA 8859-2015, FIA 8860-2018, SA2010, SA2015, SA2020.

You are responsible for your own safety and ensuring your seat belts, clothing and helmet are fit for purpose.

Anyone carrying a passenger in a car is solely responsible for adopting appropriate Covid-19 precautions.

3. Vehicle Requirements

The vehicle you intend to use must conform to UK MOT minimum standards for road use (in the case of road cars), or Motorsport UK current safety and silencing regulations. It must be in good condition both mechanically and bodily and suitable for its intended use on the track. You must ensure that the vehicle remains in this condition for the duration of the activity in the interests of your safety and the safety of others at the circuit.

Slick (untreaded) tyres are only permitted on cars fitted with rollover protection (ie a Roll Cage)

Cars must have towing points of adequate strength at both front & rear identified using a contrasting colour.

We recommend that a serviceable 'AFFF' fire extinguisher is securely fitted within reach of the driver.

Noise Restrictions

Your vehicle must pass a static noise test of 105dB(a) maximum measured 0.5m from the exhaust with the engine running at 75% of maximum revs. If the organiser believes that a vehicle does not comply with this noise restriction, or appears to be excessively noisy whilst on the circuit, the vehicle will be prevented from participating in the remainder of the event unless the noise emissions are addressed to bring them within an acceptable limit.

Drive-by noise tests may also be performed; cars must not exceed 92dB(a) at 20m distance anywhere on the circuit.

Accident Damage and Insurance

LMC does not require you to have insurance cover in place on its track days. However, by using your car on track you do so at your own risk. You may consider it wise to obtain cover from one of the specialist insurers who offer track day insurance to cover third party, personal and own vehicle risks.

In the event of a car going off the Circuit and damaging the grass or 'hardware' of the adjacent Grand National or Golf Courses, including horse racing jumps, perimeter fences etc, the driver of the vehicle involved is likely to become liable for the first £250 of repairing such damage.

4. Signing-on. You must complete the signing-on process electronically by 10pm on the Tuesday immediately prior to the event.

5. On Arrival

Please proceed to the Circuit Office to produce your driver's licence and be issued with an LMC circuit wristband and windscreen sticker. If you cannot produce your licence (as detailed in item 1 above) you will not be allowed to drive on track.

Safety Briefing

Please read the attached driver's briefing before leaving home. If you do not understand any part of the briefing, please contact our track day coordinator for guidance.

An additional safety briefing may take place prior to any on-track activity. Should you arrive late and miss the briefing, please report to the Circuit Office, where arrangements will be made for you to be individually briefed.

6. Passengers

Only one passenger may be carried in the vehicle at any one time. All fitted safety devices must be able to perform within their manufacturers guidelines i.e. weight and height of passenger must not interfere or prevent such safe operation within the manufacturers design parameters. Passengers under the age of 18 must have the appropriate section of the Signing-on Form signed

by their parent or legal guardian, who must also be present throughout the event. The minimum age for passengers is 16 yrs and the minimum recommended height is 4ft10in (1.45m).

7. On Track and in the Pit Lane

Sessions are 10 minutes long but may be subject to amendment if there's an incident.

Seat belts/harnesses must continue to be worn at all times on the circuit, until the car re-enters the paddock at the end of a session.

You must show your wristband to the paddock exit officials before going out on the track every time.

Participants must not act or drive recklessly, dangerously or in an intimidating fashion, whether on track or otherwise.

If in the organiser's opinion you are acting dangerously, recklessly or in an intimidating manner, you may be removed from further participation in the track day and/or ejected from the venue at the organiser's discretion, without recourse.

Overtaking is allowed only on the left, and never in corners.

Yellow flag or yellow flashing light = Caution, slow down, no overtaking, incident ahead.

Red flag or red lights = session has been stopped, slow down, no overtaking, be prepared to stop. Follow marshals' instructions

8. No participant shall consume or be under the influence of alcohol or drugs at any time during the track day.

No participant shall be under the influence of drugs or medication (prescribed or otherwise) or have any pre-existing medical condition that might adversely affect his or her performance during the track day.

No pregnant drivers or passengers will be permitted to participate in the track day. No timekeeping or pace-making is allowed.

It is strongly recommended that open-top cars are fitted with a full Motorsport UK/FIA approved rollover protection system, or other road homologated roll-over safety device.

Participants must comply with all briefings and safety instructions throughout the track day, including flags, signals or warnings from marshals or any other representative of the operator. The decisions of the operator are final.

No paddock bikes, scooters, or other forms of unlicensed transport are to be used on the venue at any time.

No dogs or other animals may be brought into the venue.

9. Cameras

Any onboard camera equipment must be safely and securely mounted inside the vehicle, not externally, in a manner that cannot cause injury to the occupants in the event of an incident. Hand-held cameras and camera phones must not be used in vehicles.

External cameras are not permitted. The use of drones is prohibited at the venue during the event.

10. Cancelling your booking

If you wish to cancel, your booking fee will be returned less a £10 processing charge, provided written notice of withdrawal (by letter, email or phone) is received by the coordinator (details below) not less than 10 days before the event. If notice is received less than 10 days before the event, we reserve the right not to make a refund unless a replacement booking is received.

11. General Information

How to find Aintree: See <https://www.liverpoolmotorclub.com/about/find-us>

Food: Hot and cold snacks, drinks etc are available from 8am in the Golf Centre. **Drivers must not consume alcohol.**

Environment: Aintree is a sensitive site. Please place litter in the bins provided, or take it home with you. There are no facilities for the disposal of oil on-site, so please bring a suitable container to take any waste oil home with you.

Park all vehicles on the grass, clear of the roadway. The paddock road is a motorcycle training centre during the week so any oil spills must be treated immediately to avoid risk to other users. Inform us immediately if you spill any oil and we will provide materials to clean it up.

Dogs & Drones are not allowed.

Camping

There is no charge for Overnight Camping/Parking which is entirely at the owner's risk. There are just 10 spaces available for motorhomes/camper vans with onboard facilities. Please contact the track day coordinator to book a space. Tents are not allowed.

The circuit will be open from 5pm on Friday for overnight camping, but the gates will be locked promptly at 9.00pm and will not reopen until 6.30am on Saturday. There is no pedestrian or vehicular access or exit between these times.

You are not permitted to park in the surfaced golf centre car park until 9.00pm.

Event Timetable.

All times are approximate and may need to be adjusted for operational reasons

7.00am	Gates Open
9.30am	Circuit Opens.
1.00pm (approx.)	Lunch Break
1.45pm (approx)	Circuit Reopens
4.30pm (approx.)	Circuit Closes.
6.00pm	Gates Locked

To Contact us:-

Pre-event:

Track day coordinator : Geoff Maine
(10am – 9pm only please) 07854 807 447

On the day of the event:

Secretary of the meeting & safeguarding officer:
Sue Thompson { 07530 352 851
{ 07366 330 457

Please remember that all officials and marshals at the event are volunteers who are giving their time so that you can enjoy your day's motorsport. If you know anyone who would like to help with organising or marshalling our events, please ask them to get in touch via our website www.liverpoolmotorclub.com Previous experience is not essential.



Warning: Motor Sport Can Be Dangerous

Despite the organisers taking all reasonable precautions, unavoidable accidents can happen. In respect of these you are present at your own risk.